

## Adult and Child Safeguarding requirements as part of General Practice Specialty Training

**You must demonstrate some form of non-participatory knowledge update and participatory reflective practice in both adult and child safeguarding in your e-portfolio for every training year.**

GP trainees need to satisfy the GMC and the public that they have the appropriate knowledge, clinical skills and understanding of safeguarding and to be able to apply these skills when required. Safeguarding training is an integral and ongoing part of both GP training and professional development as a qualified GP.

Full details on the requirements for GPSTs can be found at <https://www.rcgp.org.uk/training-exams/training/mrcgp-workplace-based-assessment-wpba/cpr-aed-and-child-safeguarding/child-and-adult-safeguarding.aspx>

### Child Safeguarding

At the start of ST1 you must undertake learning to level 3 for Child Safeguarding. You need an update for every training year thereafter, either from face-to-face training or an e-learning module. Face to face training may be available locally or in your region. Full guidance can be found at <https://www.scotlanddeanery.nhs.scot/trainee-information/gp-specialty-training/trainee-educational-resources/> . You must upload certification of this in each training year to your e-portfolio for your ARCP clearly labelled as Child Safeguarding in your mandatory training compliance passport, as well as completing a reflective learning log.

A suitable e-learning module for ST1 can be found at:  
e-learning for Health - <https://www.e-lfh.org.uk/programmes/safeguarding-children/>

Suitable updates for ST2 and ST3 are:

- Reading the RCGP Child Safeguarding and Adult Safeguarding toolkits  
<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/child-safeguarding-toolkit.aspx>
- TURAS Learn - <https://learn.nes.nhs.scot/11324/elearning-nmahp/protecting-children>
- Relevant safeguarding guidelines
- Attending local face to face training

In addition, you need evidence in every training year of **participatory reflective practice** with a learning log entry detailing reflection on your learning from a case discussion or meeting you have been involved in, again clearly labelled as Child Safeguarding and linked to you mandatory training passport.

The only exception stated by the RCGP is:

It is recognised that if the trainee does not have any posts within a specific training year which include children then although it would be still recommended for these trainees to understand and document their learning about child safeguarding this would not be mandatory.

## Adult Safeguarding

NHS Education for Scotland has purchased the Adult Support and Protection Scotland – Safeguarding and the Lead Practitioner course for GPSTs to satisfy RCGP requirements. **This is the recommended way of satisfying your initial non-participatory learning in ST1 and ARCP requirement.**

This is an online module, and you will need to enrol and set up your own free personal user dashboard to complete it. You only need to do this once and it is a very quick and easy process.

To enrol for the Adult Support and Protection Scotland – Safeguarding and the Lead Practitioner course for the first time, go to the following link: <https://www.redrocklms.co.uk> **Please only use the link above rather than google search to ensure that you register your details on the correct training portal.**

Once there, click the green “First Time - Enrol Here” button, then follow the simple on-screen instructions. If you have already done this however, just fill in your registered username and password and sign into the system.

To enrol and set up your funded account, you just need to enter your Name, Address, Email address and complete your own security question for GDPR and learner ID. The information you enter during enrolment is used to produce your pdf certificate once the course is completed, so please ensure all details are correct. A current and valid email address is required solely to be able to access the system should you forget your username and password subsequently.

Your personal activation code is : **4625-43768-0**

**This code is only valid for your ST1 year. If you do not access within ST1 you may be required to self-fund.**

During enrolment you can enter your course activation code as part of the process or you can return subsequently to add the code once your account is created, simply sign back in to do this at a convenient time. The box to do this is clearly visible when you are signed into your Personal Dashboard. Either way, you will only need to enter your code once.

Once you have registered your details and activated your access code, you will see the “**Adult Support and Protection Scotland – Safeguarding and the Lead Practitioner**” course installed on your training dashboard waiting for you to complete. Just select the course icon to access the course and follow the on-screen instructions. You don’t need to complete the course immediately or in ‘one sitting’, as it will stay on your dashboard permanently. Complete as much as you want in the time you have available and sign out. When you sign back in again and open the course, it will resume at the last page you visited.

Once you have read the course and successfully completed the final assessment, your certificate will be made available as a new download option when you select the course from your training dashboard. The certificate is provided as a secure pdf which you can download. **You must upload the certificate to your RCGP e-portfolio mandatory training passport clearly labelled as Adult Safeguarding and complete a reflective learning log.**

**The online module needs to be completed once only. Do not re-do this if already completed.**

If you have any queries please contact Red Rock directly on 01246 553000, or check the FAQ which you can find here : <https://www.redrocklms.co.uk/contact/faq.aspx> from where you can also call or email the help desk directly. We don't anticipate any issues but it's good to know there is always support on hand should you need it.

For future years in training, ST2 and ST3 knowledge updates can be achieved by -

- E-Learning such as <https://elearning.rcgp.org.uk/course/info.php?id=245>
- TURAS Learn <https://learn.nes.nhs.scot/47888/tayside-shared-learning-platform/angus/adult-support-and-protection-basic-awareness>
- Reading the RCGP Child Safeguarding and Adult Safeguarding toolkits <https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/adult-safeguarding-toolkit.aspx>
- Relevant safeguarding guidelines
- PBSGL module on Vulnerable Adults

Again, as with Child safeguarding, you also need **evidence for every training year of participatory learning** with a log entry detailing reflection on your learning from a case or discussion you have been involved in. As before, this must be clearly labelled as Adult Safeguarding and linked to your mandatory training passport.

There is a useful module that would satisfy participative group learning for adult and child safeguarding at <https://elearning.rcgp.org.uk/course/index.php?categoryid=8>