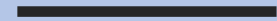
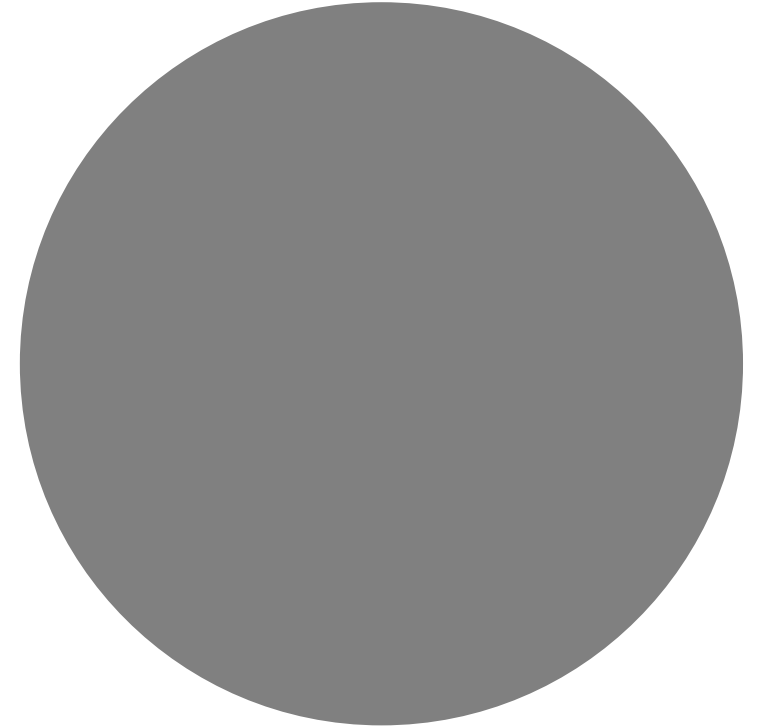


My Journey towards CESR



Jamil Ahmed
NHS Grampian



- Thinking about CESR
- Fed-up of being treated differently!
- Juniors are telling me what to do
- Feel stuck in your career
- Yes, I want to do it!

Where to start

- GMC- website
 - Divider Pack
 - Specialty Specific Guidelines for CESR
 - equivalent experience required for CESR
- Royal College specialty specific Curriculum/CESR related advice and guidance
- TPD
- SAS education advisor

Top tips

- Discuss with your colleagues/consultant
- Understand Speciality training program
- Learn from your ST- what they do each year for their training
- Seek advice from CESR successful candidates
- GMC-led CESR Workshops for SAS Doctors or College
- Mentor /supervisor
- Referees

How the SAS development Program can help to support your CESR Application

- SAS program can refer you to TPD
- Short-term top-up training for CESR in accordance with current GMC specialty specific guidance
- SAS development funds website
- Application process
- EA support and Director medical education
- Courses
 - FDA – train the trainer
 - Research methodology
 - Crisp – care of critically ill surgical patients course
 - Courses related to your speciality

My Personal experience

- Hard work! To collect evidence
- Expensive
- Time consuming
- Needs planning and be thorough
- Expect hurdles
- What if you are short of some aspects of training
- Can you do it?
- Believing in yourself and do it for yourself!
- Is it worth ?

Summary

- GMC process is fair and organised
- SAS group is working with royal colleges and GMC to have some flexibility
- You feel good and valued
- Your skilled are officially recognised – GMC specialist register
- Progress to Consultant – Increase pay
- Option of private practice!
- Help is available – ask